

INTERGROUP SCOOP

JANUARY 2017

VOLUME 4

Here we go with another in a series of newsletters. The news letter should be fun as well as informative. We welcome your articles and jokes, (the “clean kine) so submit them to Bob D.: rjdaniher1@gmail.com. Please keep in mind that we reserve the right to edit or refuse any article. (But it hasn’t happened yet!)

Alcoholics Anonymous Catch Phrases

KEEP IT SIMPLE

During my first couple of years in the program, I think every other sentence out of my sponsors mouth was, “Keep it simple, Bob” I was so sick of hearing that, but let me tell you, those words have played a big part in my sobriety, and still do. In the beginning I didn’t think much about the fact that all I wanted was to stop drinking. Now when a new comer asks me why AA works, I give them the short answer to start, it works very well. I questioned every move by asking why does this work, why does that work. After Keep It Simple finally penetrated, I just try to do what the program tells me to do and for over three decades it helped me keep sober. Kind of like Nike, “Just Do It” and it will work for you!

The teleservice still has openings for answering the AA hotline calls:

Mondays 5:00 PM - Midnight Tuesdays 9:00 AM - 10:00 PM Fridays Noon - Midnight
Saturdays Midnight - 10:00 PM

You can take one hour or any number of hours during these open time slots.

Call the Hot Line at (808) 961-6133 for more information.

VALENTINES DANCE

Friday January 10th - 6:00 PM-10:00 PM - Eagles Lodge 16-111 Opukahaia St. (Across from the Humane Society). You can Google it! The theme is Garden Of Eden. If you like, you can bring a Devilishly Delicious desert and you can bring your favorite dish for the pot luck. They’ll be a prize for the most “Sinful” desert! We’ll also have a best dancing couple and best costume contest. Come on out and join the fun! This party is sponsored by your Itergroup, so there’s no charge! All welcome!!

HCCC (Prison) needs AA books. To donate, contact the AA Teleservice at (808) 961-6133.

Bounce Back at the hot pond is the place to be On Saturday mornings at 10:00. We enjoy an hour of sharing, usually on the readings of the Daily Reflections. We have coffee, sometimes a cookie or two, and of course, Chips. No, not potato chips, but those little, round, metal, and sometimes plastic disks that celebrate our months and years of sobriety. These chips are important, not only to remind us of how far we’ve come, but to show the “new comer” that if we can do it, so can they! We have a delicious array of dishes every first Saturday of the month, so come and join us for a good meal. You can even bring a “dish”!

You too can list your favorite, or home group here in the newsletter. Simply send me all the details to the e-mail address at the top of this page.