

INTERGROUP SCOOP

OCTOBER 2016

VOLUME 1

Here we go with the start of the newsletter. The newsletter should be fun as well as informative, so we welcome your articles with jokes, favorite recipes, or short AA stories. You may submit them via your choice of the media listed below. Please keep in mind that we reserve the right to edit or refuse any article.

AA SERVICE

Service is a very important part of our program. First of all, there would be no AA without service. It's been proven time and again that service is a vital part of our sobriety. I like to think of it as insurance premiums that we save up for the time when we are tempted to take that first drink. I've been in this program for a very long time and believe me, those times do happen. Now you might say that you simply don't have time to commit to a regular meeting, or you may even think that you can't afford the gas money. First of all, remember what AA has given you, including the time and money you have now that you used to spend on drinking. Help us keep the program alive!

We desperately need telephone contact help. Just think, twelve stepping on the phone could very well keep one of us sober for one more day including ourselves!. You must have at least six months sobriety to participate. The following time slots are available:

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|----------------------------|------------------------------|------------------------------|
| Monday 5:00 PM - Midnight | Tuesday 9:00 AM - 10:00 PM | Wednesday 3:00 PM - 5:00 PM |
| Thursday 7:00 AM - 6:00 PM | Friday 12 Noon - 12 Midnight | Saturday 12:01 AM - Midnight |
| | Sunday 12:01 AM - 9:00 PM | |

Call the Hot Line at (808) 961-6133 for more information.

THANKSGIVING ALCA-THON Presented by the East Hawaii Intergroup

Join us for the festivities and twenty four hours of fun, food and fellowship, and of course, AA meetings! Most of us reformed drunks sometimes find the holidays a little hard to take. These are the times when our drinking would usually run rampant. So, come spend any or all of a great AA day with our fellow sober friends.

Location: Hope Services 115 Kapiolani Street Hilo (Easy to find, just "Google the map")
Time: 6:00 PM Wednesday November 23rd to 6:00PM Thanksgiving day

For more information or to have your home group sign up for a time slot, contact:
Sean G. at (808) 443-7935.

To submit your articles, suggestions or complaints, contact your editor:

Bob D. of the Bounce Back Group rjdaniher1@gmail.com (808) 375-4601

TO THYNE ONSELF BE TRUE